



St Catherine's School

LEARNING AT HOME

Year 7-12

Learning from home is a challenge, but an excellent opportunity to get into good independent study habits.

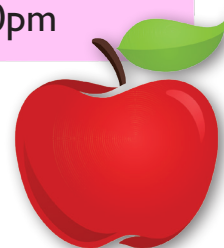
STAY UP TO DATE

Check your email and plan ahead



YOUR DAY LOOKS LIKE:

Roll call	8.20am-8.35am
Period 1	8.35am-9.25am
Period 2	9.25am-10.30am
Recess	10.30am-11.20am
Period 3	11.20am-12.25pm
Period 4	12.25pm-1.30pm
Lunch	1.30pm-2.15pm
Period 5	2.15pm-3.20pm



DON'T HAVE A LESSON SCHEDULED?

Try to stick to a normal school day. Read, write study notes, review your work or plan for an upcoming task.

YOUR HEALTH

- make sure you are eating and drinking regularly.
- ask your parent or guardian to email the student centre if you are unwell and unable to login.

HOW SHOULD I SET UP MY SPACE?

CONNECTION: make sure your device is charged and connected to wifi. Check your emails regularly.

COMFORT: set up your space as if you are at a school desk (not in your bed!)

TOOLS: have everything you need nearby – pencil case, note books, text books and headphones.

DRESS: dress as if you are going to school. Uniform is not necessary but you should be smartly dressed.

FAQs

IT issues contact: ictsupport@stcaths.nsw.edu.au

Subject queries - class teacher

Wellbeing concerns - year mentor

