



St Catherine's School

# LEARNING AT HOME

## Years 7-12

Learning from home is a challenge, but an excellent opportunity to get into good independent study habits.

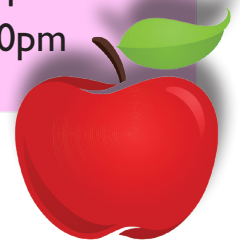
### STAY UP TO DATE

Check your email and plan ahead



### YOUR DAY LOOKS LIKE:

<b>Period 0</b>	7.15am-8.15am
<b>Roll call</b>	8.20am-8.45am
<b>Period 1</b>	8.50am-9.45am
<b>Period 2</b>	9.50am-10.45am
<b>Recess</b>	10.45am-11.30am
<b>Period 3</b>	11.30am-12.25pm
<b>Period 4</b>	12.30pm-1.25pm
<b>Lunch</b>	1.25pm-2.25pm
<b>Period 5</b>	2.25pm-3.20pm
<b>Period 6</b>	3.30pm- 4.30pm



### DON'T HAVE A LESSON SCHEDULED?

Try to stick to a normal school day. Read, write study notes, review your work or plan for an upcoming task.

### YOUR HEALTH

- make sure you are eating and drinking regularly.
- ask your parent or guardian to email the student centre if you are unwell and unable to login.

### HOW SHOULD I SET UP MY SPACE?

**CONNECTION:** make sure your device is charged and connected to wifi. Check your emails regularly.

**COMFORT:** set up your space as if you are at a school desk (not in your bed!)

**TOOLS:** have everything you need nearby – pencil case, note books, text books and headphones.

**DRESS:** dress as if you are going to school. Uniform is not necessary but you should be smartly dressed.

### FAQs

**IT issues contact:** [ictsupport@stcaths.nsw.edu.au](mailto:ictsupport@stcaths.nsw.edu.au)

**Subject queries** - class teacher

**Wellbeing concerns** - year mentor

